

Advent and Christmas Journey Stones

A simple, safe, and holy way to mark the days till the awe of Epiphany.



To set up your journey stones:

- Use the stones to create a path.
 - They can go in a spiral, with the first on the outside, and the last in the middle. Put the jar in the middle.
 - The path can be long and stretched out. Put the jar near the path.
 - You might want to put a string of led battery twinkle lights in the jar and let the stones fill up around that light.
 - The order of stones is:
 1. Purple for the Prophets who prepare the way.
 2. Light Blue for the Holy Family who were God bearers.
 3. Pink for Gloria! Which is what the shepherds hear.
 4. Dark Blue for the Magi who are on their journey, following stars in the night sky.
 5. White for the days of Christmas.
 6. On Christmas day use the coin. Perhaps keep it flipped over till Christmas.
 7. The last is Epiphany – use the compass, because we are being sent to proclaim the Good News of Jesus.

You might try placing creche figures along the path (in a matching order makes sense). Maybe plan to bring them together as the stones are removed from in front of each figure. If you don't have a child safe creche we have supplied a cut and color one. Or you can choose toys to represent each figure of the sacred scene.

For each day of Advent and Christmas remove one stone from the path and put it in the jar. Each stone goes with the word list to the right. You can choose how you use the word of the day.

You could:

- Say the word 3 times taking a big breath between each time.
- Pay attention for the word in your daily tasks.
- Write the word in the air with your finger or your body.
- Look the word up in the dictionary or thesaurus.
- Wonder how this connects to how we live our faith.
- Find the word in the Bible.
- Write the word in humongous letters and decorate the letters.
- Find out if the word is in the Book of Common Prayer.
- Tell a story using the word of the day and some from the days before.
- Create art inspired by the word.
- Is there a seasonal song with that word in it? Try to learn one verse of that song.
- Pray a 'God-lib' using that word:
 - God you are _____. We pray for _____, so that _____. This we pray in the name of Jesus our Redeemer. Amen.

If engaging social media is something you do with your household the Advent words are all part of #adventword. Post a picture of what you have offered with a # in front of the word. Also look to what others across the world are sharing that day.

Let us know how we can assist your well being and your discipleship as we continue the journey of striving for safety for all during this pandemic. Peace be with you!

Advent + Christmas Word

Tender
Deliver
Strengthen
Earth
Rebuild
Fellowship
Glory
Speak
Comfort
Patient
Mercy
Baptize
Word
Honey
Go
Rest
Worship
Pray
Learn
Bless
Turn
Rejoice
Mystery
Wisdom
Holy
Proclaim
Gratitude
Generosity
Heart
Wholeness
Wonder
Dare
Rumble
Strive
Serve
Seek
Adapt
Move
Welcome