



# Getting Started

Finding your Enrollment Cards

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# Enrollment – General Notes

- It can take up to 15 business days, from your date of enrollment, to be found in all of the insurance systems.
  - For example, if you enrolled on Monday, January 1<sup>st</sup>, 2018 you may not show until January 23<sup>rd</sup> (January 1<sup>st</sup> and January 15<sup>th</sup> are holidays, and weekends do not count).
  - Our experience is to not schedule appointments until after the 15 days are up.
  - During that period you still have coverage, so you can submit a claim against the insurance.

# Enrollment – General Notes

- If you have an emergency, and need proof of coverage please call the Diocesan Benefits Line at: (215) 621-8311

# Church Pension Group

- Church Pension Group has a wonderful system that has links to your medical and dental insurance information, pension/retirement benefits, disability, and other insurance benefits.
- To sign up go to : [www.cpg.org](http://www.cpg.org) and create an account or login in the upper right hand corner of their home page.

# Church Pension Group

- For Pensions, Life Insurance, Annuities & RSVP
  - (866) 802-6333
- For Medical, Dental, Vision & Disability
  - (800) 480-9967
- For Technical Support
  - (866) 802-6333

# Enrollment Cards - Health

- Anthem BCBS – [www.anthem.com](http://www.anthem.com), Anthem Anywhere Mobile APP.
  - Anthem is sending out 2 paper cards when you enroll. Your number will not change year to year.
  - You can print as many as you need from the website, or have the electronic card on the app.

# Enrollment Cards - Dental/Mental

- Cigna – [my.cigna.com](https://my.cigna.com), myCigna Mobile App
  - Cigna will send Dental cards on enrollment.
  - They are combining all of their old platforms onto the new my.cigna.com platform – so you should be able to get all the cards you need from there.
  - The Employee Assistance Program is part of Cigna.
  - Behavioral/Mental Health is also through Cigna

# Enrollment Cards - Pharmacy

- Express Scripts – [www.express-scripts.com](http://www.express-scripts.com), Express Scripts Mobile App
  - They will send an initial two cards
  - If you are using a specialty medicine you may receive a call from Accredo, a branch of Express Scripts, to discuss your options.



# Enrollment Cards – Vision

- Eyemed – [www.eyemedvisioncare.com](http://www.eyemedvisioncare.com)
  - They will send new enrollees 2 paper cards.
  - They are rolling out a new app – see their website for details