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**Title \***

A Day of Quiet Reflection – March 21, 2009

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**Body text \***

A Day of Quiet Reflection  
Saturday, March 21, 9:30 a.m. to 3 p.m.  
Gloria Dei, Old Swedes' Church  
Columbus Blvd & Christian St. Philadelphia PA 19147

The Spiritual Growth Resources Committee of the Diocese of Pennsylvania through the Leadership Institute is offering a day of quiet reflection.

I ask for your help in promoting this event on March 21, 2009, within your congregation or community. Below is a suggested bulletin announcement and attached is a flyer. For more information contact: Diane Powell at dianepowell@verizon.net.

Suggested bulletin announcement:

A Day of Quiet Reflection is offered by the Spiritual Growth Resources Committee of the Diocese of Pennsylvania on Saturday, March 21, 2009, from 9:30 a.m. to 3 p.m. at Gloria Dei, Old Swedes' Church, Columbus Blvd & Christian St., Philadelphia PA 19147.

What is a day of quiet reflection? It is a gift of time which we give ourselves as we try to live at a sacred pace. Gentle guidance will be given during the morning and afternoon sessions. There will also be time for personal reflection.

In the morning session, after a brief guided meditation and quiet reflection, we will use simple art materials to create images that are meaningful to us as we journey through Lent.

The suggested donation for the day is between \$10 and \$25 as able. Lunch will be provided. Registration is through the Leadership Institute, online at:

<https://diopa.wufoo.com/forms/a-day-of-quiet-reflection-04212009/>

or tel. 215-627-6434 X151 or E-mail [jdlafrance@diopa.org](mailto:jdlafrance@diopa.org)

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