

REPORT TO THE 227th DIOCESAN CONVENTION
FROM THE SPIRITUAL GROWTH RESOURCES COMMITTEE

The Spiritual Growth Resources Committee (SGRC) consists of lay and ordained persons whose mission is to support and strengthen the spiritual life of the diocese. We seek to be a resource for parishes and individuals in matters relating to prayer and spirituality.

The SGRC actively engages in ministry by:

- Offered two mornings of quiet reflection during the 2009-10 program year. Although gentle guidance was given during the sessions, these days are designed to be a gift of time which we give ourselves as we try to live at a sacred pace. They were held on Saturday, March 20 at Trinity, Ambler, and April 24 at Church of the Holy Spirit, Harleysville.
- Providing SGRC events for the 2010-11 program year. SGRC will co-sponsor with the Philadelphia Cathedral a Quiet Morning entitled *Is Anybody Listening* on Saturday, October 30, 2010.

Offering a two-day overnight retreat entitled, *A Time Apart: Enter into Simple Silence and Quiet Prayer*, at Daylesford Abbey, Paoli, from Friday, March 4 to Saturday, March 5, 2011. The retreat will be an opportunity for rest, simple presence to God, worship and community silent prayer.

- Creating brochures on spiritual disciplines and making them available to parishes and individuals in an easily printed downloadable format. Brochures exist for: Anglican Prayer Beads, Walking the Labyrinth, Spiritual Direction, Centering Prayer, Spirituality and Art Workshops, and Worship in the style of Taize.
- Acting as a conduit for those seeking to work with a spiritual director.
- Providing a calendar of intercessions to all members of the Diocese. This is currently available through the Diocesan Website.

Our members bring a wide variety of interests and experience to their ministry. We welcome new members. Meetings are held at Trinity Church, Ambler.

Respectfully submitted,
Diane L. Powell

Current membership

The Rev. Kenneth R. Bullock, St. Dunstan's Church, Blue Bell
Henry Carnes, Diocesan Liaison
Helen Jennings, Church of the Redeemer, Bryn Mawr
The Rev. Linda Kapurch, St. Matthew's, Maple Glen
The Rev. Mary McCullough, Trinity Church, Ambler
The Rev. MaryJo Melberger, Church of the Messiah, Gwynedd
Diane L. Powell, Trinity Church, Ambler
Carroll Sheppard, St. Paul's, Chestnut Hill
The Very Rev. Judith Sullivan, The Philadelphia Cathedral
Candace Woessner, Christ Church, Pottstown